University of Saint Francis  
Coordinated Program in Dietetics OR Health Promotion Concentration – 4 YEAR PLAN

### Fall*  |  Spring*
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FYS 100 Engage  |  BIOL 222 Anatomy & Physiology II (3)
FYS 101 Foundations (3)  | 
ENGL 101 Composition & Rhetoric (3)  |  COMM 121 Fundamentals of Public Communication (3)
MATH 131 or MATH 133 Algebra (3)  |  SOHS 150 or BIOL 352 Medical Terminology in Medicine (3)
PSYC 121  |  NTRN 215 Nutrition (3)
BIOL 221 Anatomy & Physiology I (3)  |  CHEM 121 Introduction to Chemistry (3)

**Directed Electives:**
- ACCT 100 Survey of Financial & Managerial Accounting
- ACCT 110 Basics of Managerial Accounting
- BIOL 270 Pathophysiology
- MGMT 230 Principles of Management
- MKT 281 Principles of Marketing
- COMM 215 Writing for Media
- COMM 385 Public Relations
- NTRN 200 Basic Food Preparation
- NTRN 215 Nutrition (3)
- NTRN 220 Anatomy & Physiology I (3)
- NTRN 232 Food Service Management
- NTRN 250 Practicum Food Service Management (4)
- NTRN 260 Practicum Special Interest (3)
- NTRN 275 Lifespan Nutrition (3)
- PHES 220 Practicum Exercise Physiology
- PSYC 325 Abnormal Psychology

**15 semester credit hours**

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**Fall * Students interested in dietetics apply this semester.**  |  **Spring**
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NTRN 250 Food Science (3) Pre-requisite NTRN 215  |  PHES 225 Health Communication (3)
NTRN 275 Lifespan Nutrition (3) Pre-requisite NTRN 215  |  MATH 302 Statistics (3) (GE - technology) Pre-requisite MATH 131/133
BIOL 223 Microbiology (3) Pre-requisites BIOL 221/222  |  CHEM 243 Organic & Biochemistry (4) Pre-requisite CHEM 121
PSYC 232 Human Growth & Development (3) Pre-requisite PSYC 121  |  ENGL 104 Rhetoric of Inquiry (3)
THEO 105 Franciscan Tradition (3)  |  History Distribution (3)

**15 credit hours**

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### Fall  |  Spring
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NTRN 325 Nutrition & Metabolism (3) Pre-requisites BIOL 215, BIOL 221/222  |  NTRN 390 Medical Nutrition Therapy (4) Pre-Requisites NTRN 215, BIOL 221/222
NTRN 364 Community Nutrition (3) Pre-requisite NTRN 215/275  |  Directed Elective (3)
MGMT 230 (3) Management  |  Philosophy Distribution (3)
Theology Distribution (3)  |  Literature Distribution (3)

**15 credit hours**

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### Summer – Dietetics Only

NTRN 395 Practicum Food Service Management (4)  |  NTRN 400 Practicum Food Service Management (5)

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### Fall  |  Spring
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NTRN 410 Practicum Medical Nutrition Therapy (4)  |  Directed Elective (3)
NTRN 420 Practicum Medical Nutrition Therapy (5)  |  NTRN 472 Practicum Community Nutrition (4)
NTRN 415 Seminar (3)  |  PHES 470 Health Promotion Capstone (3)
NTRN 400 Practicum Medical Nutrition Therapy (5)  |  NTRN 480 Practicum Special Interest (3)
Theology Distribution (3)  |  Philosophy Distribution (3)
Theology Distribution (3)  |  Directed Elective (3)

**12-15 credit hours**

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**Directed Electives:**
- ACCT 100 Survey of Financial & Managerial Accounting
- ACCT 110 Basics of Managerial Accounting
- BIOL 270 Pathophysiology
- MGMT 230 Principles of Management
- MKT 281 Principles of Marketing
- COMM 215 Writing for Media
- COMM 385 Public Relations
- NTRN 200 Basic Food Preparation
- NTRN 332 Food Service Management
- NTRN 364 Community Nutrition
- NTRN 390 Medical Nutrition Therapy
- PHS 240 Nutrition & Exercise in the Training Athlete
- PHS 245 Personal Training
- PHS 260 Stress Management
- PHS 360 Exercise Physiology
- PHS 456 Community Health
- PHS 465 Exercise Prescription
- PHS 480 Internship in Health/Exercise Science
- PSYC 325 Abnormal Psychology
- PSYC 441 Social Psychology
- SOCI 251 Sociology of Health or SOCI 252 Sociology of Sport

*The first four semesters follow the same class schedule for both Health Promotion and Coordinated Program in Dietetics concentrations. The fifth semester is where classes began to have differences between the two concentrations.*

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8/18