### Health & Wellness Directed Electives:
- BIOL 222 Anatomy & Physiology II
- MGMT 230 Principles of Management
- Business, Accounting, Management or Marketing
- NTRN 200 Food Prep Basics
- NTRN 250 or higher
- PHES 240 Sports Nutrition
- PHES 245 Personal Training
- PHES 255 Fundamentals of Coaching
- PHES 324 Coaching & Teaching Team Sports I
- PHES 325 Coaching & Teaching Team Sports II
- PHES 326 Teaching, Strategies & Methods for Racquet Sports
- PHES 328 Teaching Strategies & Methods for Basketball, Soccer and Volleyball
- PHES 335 Introduction to Adapted Physical Education
- PHES 345 Community Health
- PHES 405 Care & Prevention of Injury in the Physically Active
- PHES 410 Kinesiology
- PHES 415 Field Studies in Exercise Science
- PHES 420 Biomechanics
- PHES 452 Biomechanics
- PHES 457 Community Health
- PHES 460 Topics in Nutrition and Fitness
- PHES 470 Health Promotion
- PHES 480 Internship
- PHES 485 Advanced Study of Strength and Conditioning
- PSYC 232 Human Growth & Development
- PSYC 300 or higher
- PTA 272 Patient Care Skills III
- PTA 274 Medical Lectures
- SOCI 251 Sociology of Health
- SOCI 252 Sociology of Sports
- SOCW 377 Cultural Diversity & Human Rights
- SOHS 110 Service Learning

### Kinesiology:
- BIOL 190 Principles of Biology I
- BIOL 191 Principles of Biology II
- BIOL 222 Anatomy & Physiology II
- BIOL 223 Intro to Microbiology
- BIOL 226 Microbiology
- BIOL 270 Pathophysiology
- CHEM 141 Principles of Chemistry I
- CHEM 142 Principles of Chemistry II
- CHEM 243 Organic Biochemistry
- NTRN 250 or higher
- PHES 245 Personal Training
- PHES 250 Group Exercise Instruction
- PHES 320 Current Issues in Health
- PHES 335 Introduction to Adapted Physical Education
- PHES 361 ECK Interpretation for Exercise Science
- PSYC 300 or higher
- PTA 272 Patient Care Skills III
- PTA 274 Medical Lectures
- SCIE 257 Physics I
- SCIE 258 Physics II
- SOCW 377 Cultural Diversity & Human Rights
- SOHS 110 Service Learning