

PLANNING GUIDE: Bachelor of Science in Nutrition– 4 YEAR PLAN

Fall	Spring
ICON 100 I-Connect (3)	BIOL 222 Anatomy & Physiology II (3)
ENGL 101 Composition & Rhetoric (3)	COMM 121 Fundamentals of Public Communication (3)
MATH 122 Algebra (3)	SOHS 150 or BIOL 352 Medical Terminology in Medicine (3)
PSYC 121 General Psychology (3)	NTRN 215 Nutrition (3)
BIOL 221 Anatomy & Physiology I (3)	CHEM 121 Introduction to Chemistry (3)
15 semester credit hours	15 semester credit hours
Fall	Spring
NTRN 250 Food Science (3) pre-requisite: NTRN 215	PHES 225 Health Communication (3)
NTRN 275 Lifespan Nutrition (3) pre-requisite: NTRN 215; Co-requisite PSYC 232	MATH 302 Statistics (3) (GE- technology) Pre-requisite: MATH 122 or MATH 125
BIOL 223 Microbiology (3) Pre-requisites: BIOL 221 & 222	CHEM 243 Organic & Biochemistry (4) Pre-requisite: CHEM 121
PSYC 232 Human Growth & Development (3) Pre-requisite: PSYC 121	Directed Elective (3)*
Rhetoric and Research (3)	Directed Elective (3)*
15 credit hours	16 credit hours
Fall	Spring
NTRN 325 Nutrition & Metabolism (3) Pre-requisites: NTRN 215, BIOL 221 & 222; Co-requisite: CHEM 243	NTRN 460 Topics in Nutrition and Fitness (3)
Care for Creation (3)	Literature (3)
Franciscan Tradition (3)	History (3)
Directed Elective (3)	Directed Elective (3)
Elective (3)	Directed Elective (3)
15 credit hours	15 credit hours
Fall	Spring
NTRN 364 Community Nutrition (3) pre-requisites NTRN 215, NTRN 275	NTRN 470 Senior Capstone Health Promotion (3)
Health & Wellness (2-3)	Philosophy (3)
Creative Arts (3)	Directed Elective (3)
Theology (3)	Directed Elective (3)
Directed Elective (3)	Elective (3)
14-15 credit hours	15 credit hours

Directed Electives:

ACCT 100	Basics of Managerial Accounting	PHES 245	Personal Training
BIOL 270	Pathophysiology	PHES 260	Stress Management
MGMT 230	Principles of Management	PHES 360	Exercise Physiology
MKT 281	Intro to Marketing	PHES 456	Community Health
COMM 310	Group Communication	PHES 465	Exercise Prescription
COMM 250	Interpersonal Communication	PHES 480	Internship in Health/ Exercise Science
NTRN 364	Community Nutrition	PSYC 325	Abnormal Psychology
NTRN 332	Food Service Management	PSYC 441	Social Psychology
PHES 240	Nutrition & Exercise in the Training Athlete		
SOCI 251	Sociology of Health or SOCI 252 Sociology of Sport		

San Damiano General Education (GE) courses are offered within distributions and are approved by the university's Curriculum Council. Please see your Academic advisor for additional information. Please note: This schedule is subject to change based on course offerings and curriculum developments that may occur throughout the 2017-2018.