



# UNIVERSITY CAPSULE

Volume IX, Issue 10

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## ***Our 2007–08 Franciscan Value Focus: Serve one another, society and the Church.***

### **Midnight Madness: The Haunting of Hutzell**

On Halloween Night, **October 31**, all are invited to the Hutzell Athletic Center for USF's version of basketball's "Midnight Madness," entitled "The Haunting of Hutzell." The fun starts at **9:30 p.m.**

There will be free food, games, prizes, and giveaways all night long. A costume contest will be held, featuring awards for the most original costume, best school spirit costume and best overall costume. At around **10:00 p.m.**, the 2007-08 men's and women's basketball teams will take the floor! They'll have a full scrimmage and feature a 3-point shooting contest and the men's team vs. women's team. The final giveaway, featuring "Haunted T-Shirts," will take place after that. The Student Activities Council plans to decorate Hutzell with a Halloween atmosphere.

As mentioned, all are invited to have some Halloween fun and see our men's and women's basketball teams for the very first time. Admission is free, but all USF student-athletes are taking this opportunity to raise money for the Vera Bradley Foundation for Cancer research. Team representatives are organizing their teams to raise money. The team with the most funds raised will choose a coach (probably their coach!) to give them a pie in the face at center court during the event. The council also has set a goal of \$1,000 to raise. As an incentive, if they hit their goal Athletic Director Mark Pope will also take a pie in the face at center court.

### **Give Coats and Blankets for Less Fortunate**

Beginning **November 9 from 8 p.m. to until 9:30 a.m.** on the morning of **November 10 in front of Padua Hall**, more than 40 students will brave the November cold to participate in a blanket and coat drive entitled Shantytown; students live in boxes in the cold throughout the night in November weather to raise awareness of the less fortunate and the winter they soon will be facing.

They are asking the community of Fort Wayne to drop off lightly used blankets and coats in front of Padua at the Shantytown event off of Spring Street. All donations will be given to the city of Fort Wayne through local

shelters to be distributed to the homeless and needy in the community.

Shantytown is a University of Saint Francis outreach and community awareness program. The Resident Hall Council (RHC) and the Resident Assistants (RAs) of Padua Hall will be heading this event under the direction of Michael Bechill.

In the past, this event has been viewed with much acclaim and has been encouraged and enjoyed by students. The core goal of Shantytown is reflected in President Sister M. Elise Kriss' words: "Our Franciscan values emphasize respect for each individual, joyful service, and a trusting community."

### **The Skinny on Going Green**

The Copy Center, where the green initiative has deep roots, has always fostered the use of "Green Seal Certified" paper. Mistakes happen but they pride themselves on quality control measures that insure that they maintain the lowest waste percentage possible. In addition, they not only recycle the cartons and lids but the paper wrappers themselves.

The Copy Center's paper vendor partners with them to assure that they get both acid-free and partially recycled stock. Basically that means that any 20 lb. color bond is certified to contain 30 percent recycled post-consumer fiber and meets federal procurement standards.

When it comes to standard and high resolution white, however, the story is different. To procure a similarly constituted white stock the costs are somewhat higher, amounting to an additional 50 cents per 1000 sheets or some \$1,500 per year, based on usage. The vendor reveals that their only customer insisting on recycled white is the state government. Why not? They are not spending their own money.

As you no doubt have noticed, more and more newspapers have gone to a narrower format, eliminating an inch-and-one-half in width. Such measures are expected to save tons of newsprint and ink over time. Likewise you can have an effect in your routine printing and copier needs by changing your margins.

The default margins for Microsoft Word are set at 1.25" on each side. There is no technical reason for this. It's merely a convention we have all gotten used to. Documents will print and copy just as easily if you change the margins to .75" on each side. If you do so, you'll fit more text on each page, saving paper, saving trees, creating less waste, and maybe even saving some money.

### **Deadline for Italy Trip**

The application deadline for the grand tour of Italy Europe trip with the School of Creative Arts is on **November 2**. Please contact Patricia Edwards-Holbert at 399-7700 ext. 1808 for applications.

### **Congratulations to Ken and Trish Bugajski**

The Values in Action winner for November is a team, Ken and Trish Bugajski. Trish is the Director of the Academic Support Services; Ken is an assistant professor in the Department of English. They work as a team to promote values at USF by being concerned about students and promoting the values. They showed much leadership in being a part of the pilgrimage in May 2007 and have shared their wealth from that experience.

### **Serve the Community? Contact the Mission and Values Committee**

The Mission and Values Committee are promoting the Franciscan Value "Serve one another, society and the church" for this academic year. Last year they published examples of how the value of Community was being promoted on campus. This year they would like to do the same. If your club, class, organization, team or any other group is involved in service of any kind (such as service learning, volunteering, civic engagement or giving in service to others), please forward that information to Sr. Mary Govert by e-mail at [mgovert@sf.edu](mailto:mgovert@sf.edu) or phone at 434-7468.

### **Christmas Posters Are Available**

If you would like to take some Christmas posters to post around the community, please pick them up from Bill Slayton in Trinity 30B.

### **Computer Account Password Reset Tool**

Have you ever been locked out of your computer account after hours and needed to get into blackboard or your e-mail to finish an assignment or test? Do you not have the time to visit the help desk to have your account unlocked?

University Technology Services has recently completed some improvements and upgrades to the Anixis password reset application, which will allow you to more easily manage your USF computer/e-mail account password from anywhere you have access to the Internet.

In order to use this application, you will need to enroll your account while it is in good standing. All USF students are reminded to take a few moments to visit the password reset page at <http://ecampus.sf.edu/pwreset/> to enroll your USF computer account (what you use to log in to your email and blackboard). Enrolling your account entails setting a series of security questions that, if answered correctly in the future, will allow you to manage your password without contacting the help desk!

To perform common password-related tasks in the future, simply revisit the page above, choose your option (reset, unlock, change), and answer your security questions correctly to proceed.

Taking a few minutes to enroll your account now could save you from problems in the future! If you have questions related to the Anixis tool, please contact the USF help desk at 260-399-7700 x6027.

### **Campus Ministry Schedule**

#### Mass in Saint Francis Chapel in Trinity Hall

Monday	12:05 p.m.
Tuesday	5:15 p.m.
Wednesday	12:05 p.m.
Thursday	12:05 p.m.
Friday	12:05 p.m.
Saturday	8:30 a.m. and 5 p.m.
Sunday (Student Liturgy)	7 p.m.

During the month of October there will be Eucharistic Adoration in Chapel every **Wednesday from 12:30 to 4 p.m.**

Join the students for student-led prayer every **Wednesday at 9 p.m.** in the USF Chapel and every **Thursday at 4 p.m.** in the Reflection Room on the second floor of the Vann Library.

Confession will be available 30 minutes before weekend liturgies or by appointment. Fr. John's office phone number is 434-7431.

### **It's Halloweenie Roast Time Again!**

Campus Ministry will host its annual Halloweenie Roast from **11 a.m. to 1 p.m. on October 31 in Campus Ministry**. There will be lots of treats, including the ever-famous Halloweenies, eye of newt, ear of dog, apples, and cookies. Bring a fiend (and a friend, too) and have a bite with us!

### **Upcoming Events?**

Do you have an event or news item you want to see in *University Capsule*? Please send requests to [tyler@hpn-marketing.com](mailto:tyler@hpn-marketing.com).

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## Reminder!

In case you missed them, below are items from previous editions of *Capsule*. These announcements give you all the information you need about upcoming events—don't miss what's going on at USF.

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### Nutrition and Exercise Specialist Dr. William Evans to Give Two Talks

The School of Arts and Sciences, the Athletic Department and Lilly Endowment Inc. are hosting Dr. William Evans in two seminars, on **Thursday, November 8 and Friday, November 9.**

The first seminar, "Energy In vs. Energy Out? Effects of Changing Exercise and Macronutrient Intake on Weight Loss," will be held on **November 8 at 7 p.m. in the North Campus Auditorium** (formerly Abundant Life Tabernacle). The second, "Exercise and Aging: Turning Back the Clock," is scheduled for **November 9 at noon** at the same location.

You may also meet Dr. Evans from **10:30 to 11:30 a.m.** in the **North Campus Foyer** on **Friday, November 9.**

Dr. Evans is a Professor of Geriatrics, Physiology and Nutrition and Director of the Nutrition, Metabolism and Exercise Laboratory in the Donald Reynolds Department of Geriatrics at the University of Arkansas for Medical Sciences. He is also a research scientist in the Geriatric Research, Education and Clinical Center (GRECC) at the Central Arkansas Veterans Healthcare System. His laboratory examines the relationship between exercise, nutrition and aging. His landmark studies have demonstrated the ability of older men and women to improve strength, fitness and health through exercise, even into the 10th decade of life.

Dr. Evans is the author or co-author of over 160 publications in scientific journals and three books: *Biomarkers*, *The Ten Determinants of Aging You Can Control* and *AstroFit*. He is currently a member of the National Scientific Advisory Council, American

Federation for Aging Research, the Human Research Facility Science Working Group for National Aeronautics and Space Administration and Universities Space Research Association, and the NIH *Epidemiology of Clinical Disorders and Aging Study Section*.

### Volunteer for Christmas in the Castle

For a great way to get into the spirit of the season, consider volunteering during Christmas in the Castle. This year, the Bass Mansion will be decorated by nine florists and designers. Visitors will be able to tour

additional areas on the first floor and see new decorations and designs.

The event will be open to the public during the first two weekends of December. On **Saturdays (December 1 and 8)**, hours are from **3 to 7 p.m.** On **Sundays (December 2 and 9)**, hours are from **noon to 6 p.m.**

We need at least two faculty or staff members for each two-hour shift. You will work with two student volunteers. One faculty/staff volunteer will be the greeter, handling admissions and serving as the "point person" for the shift. The other might handle some other duties, including assisting the church and school choirs which will be performing.

Many of last year's volunteers already have signed up. As they will tell you, it's wonderful to hear all the great comments about the beauty of the Bass Mansion and the work the University of Saint Francis is doing.

Listed below is the current schedule. If you have any questions or are ready to sign up now, please contact Lynne McKenna Frazier, ext. 7768 or e-mail [lfrazier@sf.edu](mailto:lfrazier@sf.edu). Thank you for helping make this event a success.

<b>Date</b>	<b>Time</b>	<b>Positions</b>
12/1	3-5 p.m.	Greeter, Host
	5-7 p.m.	Greeter, Host
12/2	12-2 p.m.	Greeter, Host
	2-4 p.m.	Greeter, Host
12/8	4-6 p.m.	Greeter, Host
	3-5 p.m.	Greeter, Host
12/9	5-7 p.m.	Greeter
	12-2 p.m.	Greeter
	2-4 p.m.	Greeter, Host
	4-6 p.m.	Greeter

### Alumni/Faculty Art Exhibition

The School of Creative Arts has announced the opening of the Alumni/Faculty Art Exhibition on **Saturday, November 3 at 7 p.m. at the Weatherhead Gallery.**

This annual tradition showcases new work by alumni and faculty of the School of Creative Arts. A wide variety of media will be on display. The exhibition will run through Sunday, November 25.

There is no charge for admission. Gallery hours are Monday through Friday, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 5 p.m.; and Sunday, 1 to 5 p.m.

### **Cougars for Life**

Free fleece baby blankets for expectant parents are being made by USF “Cougars for Life” student members. Donations of one yard of baby print fleece material or funds to make blankets would be appreciated. For further information, please contact Pat Luckey in Nursing at 399-7700 ext. 8520.

### **Always Wanted a Career That Made a Difference?**

Have you ever thought about pursuing a career in the healthcare industry? Know a friend who has always wanted to make a difference in people’s lives? If so, take your friend to the Health Careers Visit Day on **Saturday, November 10 from 9 a.m. to Noon** at the **Doermer Center**.

At Health Careers Visit Day, visitors will have the opportunity to explore a wide variety of career opportunities in healthcare, from nursing to radiologic technology to physician assistantship to healthcare administration. Attendees will also have the chance to speak with faculty and students, tour patient care laboratories and have transcripts evaluated for transfer credit.

To register for Health Careers Visit Day or for more information, please call the Office of Admissions at 434-3279.

### **Drama *Playing With Fire* Now Playing**

The School of Creative Arts is now playing the fall production of Barbara Field’s drama, *Playing With Fire*. The production is an adaptation of Mary Shelley’s novel, *Frankenstein*, and features a cast of six outstanding actors. There are three showings of the drama left, taking place in the **North Campus Auditorium** off Spring Street:

**Thursday, November 1 at 8 p.m.; Friday, November 2 at 8 p.m.; Saturday, November 3 at 8 p.m.; and Sunday, November 4 at 2 p.m.**

Admission is free for USF students, faculty and staff. Admission for the public is \$8. Doors will open 30 minutes before show time for general seating. For more information contact Amy Schreiber at 434-7591.

### **A Special Thank You To Blood Drive Donors and Workers**

“Thank you to all of you who helped with the blood drive or came out and donated. We had a great day and a great turnout. Many people will be helped because of your kindness and generosity. Thank you for your willingness to give.” – Pam Zimmerman