

Detach and mail to:

(make checks payable to USF Volleyball)

Fabiana Souza
University of Saint Francis
2701 Spring Street
Fort Wayne, IN 46808
(260) 399-7700 ext. 6212

Enclose appropriate registration fee for each week of participation.

We reserve the right to dismiss any camper whose conduct is detrimental to the overall good of the camp.

MEDICAL RELEASE

In consideration of the youth named herein and the opportunity for that youth to voluntarily participate in the Cougar Volleyball Camp, I hereby release and discharge the University of Saint Francis, Fabiana Souza and the rest of the staff, of any injuries or illnesses which may result because of participation in this camp. I also hereby authorize any attending physician to render any and all medical care which said physician deems necessary.

Signature of Parent or Guardian

Date



Staff Goals

- Each camper will learn and develop volleyball fundamentals from drill and game situations.
- Each camper will be inspired and motivated to achieve his/her potential as a player and a person.
- Each camper will enjoy Cougar Volleyball Camp, realizing that having fun is an important part of the game.

Camps include

- Camp t-shirt
- Individual instruction in fundamentals
- Awards

Camp Location

Cougar Volleyball Camp is held on campus, in the *Air Conditioned* Hutzell Athletic Center at the corner of Leesburg Road and Spring Street in Fort Wayne.

2009

USF

VOLLEYBALL CAMPS



**“Camps for every level
of development”**

Camps Directed by

Head Women’s Volleyball
Coach

Fabiana Souza

COUGAR VOLLEYBALL

The University of Saint Francis volleyball program has enjoyed great success in the Mid-Central Conference and National recognition.

Volleyball Camp Director



Fabiana Souza begins her first year as a Head Coach at USF. She started as an assistant for Hector Kiely this past season, and with her coaching experience and international background, she intends to take her lady cougars to a higher level of play. Souza has been coaching in Fort Wayne for the past 7 years. She has two years of NCAA Division 1 coaching experience at IPFW as well as 7 years of coaching club Volleyball. Souza has also coached local schools.

Fabiana Souza was a four year starter for the IPFW Mastodons. She ended her impressive career with career school records in kills, kills per game, attack attempts, and service aces.

Camp Information

*Specialized Camps for Boys and Girls at
Every Age and Skill Level*

Fundamental Skills Camp

June 29– July 2 (9:00 am – noon)
5th – 8th grade

A camp designed for the young players wanting to develop a wide variety of skills with emphasis on court training. Campers are grouped by age and ability for instruction and competition with awards for each level. An ideal camp for first-time campers, but also challenging for the experienced player.

\$ 75 per player

Little Cougar Camp

June 29- July 2 (2:00 – 5:00 pm)
1st - 4th

A perfect way to start loving volleyball! The little Cougar camp is intended for kids from 1st through 4th grade and campers will learn basic volleyball skills as well as being introduced to goal setting and learn how to work as a team.

\$ 75 per player

Position Camps

June 29- July 2 (6:00 – 9:00 pm)
9th – 12th grade

A camp designed for high school players with the purpose of providing in- depth skill training in specific positions (setter, libero, outside hitter, or middle-hitter). Campers will learn both offensive and defensive skills through stations and various contests.

\$30 per day/position

Registration Form

Register according to grade entering in fall 2009

Fundamental Skills Camp

Little Cougar Camp

Position Camps

Monday June 29th (Outside Hitters) _____

Tuesday June 30th (Liberos) _____

Wednesday July 1st (Middle Hitters) _____

Thursday July 2nd (Setters) _____

Name _____

Address _____

City _____

State _____ **Zip** _____

Phone (____) _____ - _____

e-mail: _____

School _____

Gender: **Male** **Female**

Age in September: _____ **Grade (fall 2009):** _____

Shirt size: Youth: **S** **M** **L**
(Circle one) Adult: **S** **M** **L** **XL** **XXL**