

****The University of Saint Francis has revised the General Education Requirements for all Bachelor Degree programs. Due to the vastness of this revision there may still be adjustments. Please use the program sheets as your guide to degree requirements. Any questions should be directed to your academic advisor. ****

Department of Health and Physical Education

Program Overview

The Department of Health and Physical Education emphasizes teaching excellence in a supportive learning environment. Students are also provided an array of learning experiences so that they become well versed in critical, controversial and traditional health and exercise science topics including: care and prevention of injury in the physically active kinesiology, exercise physiology liability terminology, fitness conditioning, health planning, and health promotion.. Students have the opportunity to observe and use their knowledge, skills and educational techniques in classroom and community settings throughout their college experience. The department utilizes off-campus facilities for teaching activity courses in tennis, golf, bowling, and racquetball. These facilities are some of the best in Fort Wayne and offer a challenge and a quality experience for our students.

Students completing the Secondary Health and Physical Education degree are also prepared for dual licensure in mild intervention and can pursue a teaching position in grades six through 12. Special Education and Adaptive P.E. coursework improve the career prospects as the public education environment becomes more and more diverse.

Students pursuing a bachelor of science in health and exercise science select one of four tracks. These tracks are community health promotion, wellness and fitness, environmental and occupational health, and exercise science. Upon graduation these majors are prepared for careers in community health education, public health, fitness training and management, health inspection, worksite health promotion, and other health related fields. Health and exercise science majors may choose to continue their education through graduate programs in community health education, athletic training, exercise physiology, physical therapy and environmental health.

Purpose Statement

The Department of Health and Physical Education serves a diverse student body by facilitating learning, promoting life-long physical fitness and fostering healthy behaviors in an environment permeated by Franciscan values. Students learn in various hands-on settings from fitness centers, community health centers, tennis courts and golf courses to the classroom where preventive medicine techniques are practiced and controversial health concepts are discussed. The program offers support to the Education department in developing Health and Physical Education professional teachers who can meet the challenges of the changing society. In

addition, all students are provided opportunities to expand their knowledge of ever changing health concepts and encouraged to develop skills for life-time, personal fitness.

Accreditation

The department is accredited by the North Central Association of Colleges and Schools, Indiana Professional Standards Board and National Council for Accreditation of Teacher Education.

Licensure/Certification

Secondary Education Students are licensable in Health, ~~and~~ Physical Education and Exceptional Needs Mild Intervention with a school setting of middle/secondary (6 through 12). Courses within the Community Health Promotion track prepare students to qualify and take the Certified Health Education Specialist (CHES) exam. Courses within the Wellness and Fitness track prepare students to qualify and take the certified personal trainer (ACSM) or health/fitness instructor (ACSM) exam. Courses within the Environmental and Occupational Health track prepare students to qualify and take the examination for the designation of Registered Environmental Health Professional (REHP).

Admissions Criteria

Traditional Students (up to age 24)

1. Graduate from an accredited high school.
2. Rank in the upper 1/2 of the high school graduation class.
3. Have a 2.3 grade point average on a 4.0 scale.
4. Earn a Scholastic Aptitude Test (SAT) recentered score of 1,000 or above (Verbal/Critical Reading and Math combined) or an American College Test (ACT) composite score of 21 or above. This requirement applies to all first-time applicants who will graduate or have graduated from high school within the last two academic years. Information and application for either test may be obtained from your high school guidance counselor.
5. Students who did not graduate from high school must have completed the General Educational Development (GED) tests and must have a total score of 2,500 with no sub-score below 500. Prior to 2002, a composite score of at least 50 and no sub-score below 40 is required.

Adult Students (25 years of age and over)

1. Graduate from an accredited high school.
2. Have a 2.3 grade point average on a 4.0 scale.
3. Students who did not graduate from high school must have completed the General Educational Development (GED) tests and must have a total score of 2,500 with no sub-score below 500. Prior to 2002, a composite score of at least 50 and no sub-score below 40 is required.

Candidates who do not meet the criteria for automatic admission to the University of Saint Francis may still apply for admission. Applications for admission will be reviewed by the Admissions and Academic Progress Committee.

Progression Requirements

Progression Requirements for Secondary Health and Physical Education

Students are not permitted to enroll in any Education methods course unless they have formally been accepted into the Teacher Education program. Students must meet the following criteria to be accepted for Student Teaching (Decision Point 2):

1. Submit the completed Application for Student Teaching.
2. Successfully complete the Developing Portfolio.
3. Provide a Limited Criminal History check.
4. Conduct a Zachary's Law check.
5. Be admitted into the Teacher Education program.
6. Possess a cumulative GPA of 2.5.
7. Possess a professional GPA of 2.8 in major coursework (see handbook for courses).
8. Complete a minimum of 94 semester hours of credit.
9. Demonstrate computer competency.
10. Complete EDUC 301 with a grade of "C" or above.
11. Provide two Assessment of Professional Potential forms.

After admission to the Teacher Education program, student teaching is done in either semester of the student's senior year. Upon successful completion of Student Teaching (Decision Point 3), students must submit the Proficient Portfolio and give their Proficient Portfolio presentation to be eligible for recommendation for teacher licensure. To apply for teacher licensure, students must meet the above criteria and complete the following:

1. Submit the Application for Indiana Teaching License.
2. Obtain a money order for \$35 payable to the State of Indiana.
3. Request an original Limited Criminal History.
4. Pass Praxis II Test.

Majors

Health and Physical Education/ Exceptional Needs-Mild Intervention/ Secondary Education

Health and Exercise Science-